

Workshop	Duration/Details	Dates/ Location
Reiki 1&2	Discover the power of Reiki energy, and get attuned to Reiki level 1&2. Become a Reiki practitioner and be a channel of healing others.	April 11, 2021 Gurgaon/Online
Heal Your Life® Study Group	This transformational Ten Week Study Group allows you to begin to see how your conditioning is affecting your life, your reactions and your decisions now. Over the weeks we will explore in various ways our negative beliefs and where they came from, and learn how to release them.	May 1, 2021, onwards Gurgaon/Online
Love Yourself, Heal Your Life® workshop	A powerful, life changing workshop based on the philosophy of Louise Hay, which will be a “stepping stone” on your pathway of Personal & Professional transformation, through the process of self-discovery & change. At this internationally acclaimed workshop, you will be gently and skillfully guided toward developing awareness of your negative beliefs, releasing old emotions, discover your inner power & tap your personal strengths. This workshop will help you practice simple yet powerful techniques, for changing your life	May 8&9,2021 Gurgaon/Online Sep 18&19,2021 Gurgaon/Small Group In-person
Money & Consciousness	This exciting workshop will help you to discover root cause of your money and prosperity challenges, understand how your subconscious works, releasing old limiting beliefs and design your new abundant life with affirmations. Come and create your "New Prosperity Story" with us.	July 18, 2021 Gurgaon
Teen Empowerment Wonder-shop	This is a very powerful play shop for Teenagers, based on Philosophy of Louise Hay. This helps empower teenagers through their tender years, help them find their identity and live happy fulfilling life ahead.	Dec 11&12,2021 Gurgaon
Healthy, Wealthy and Wise	An uplifting and inspiring 4-hour workshop to manifest the life that you want. Based on the powerful philosophy of Louise Hay, this workshop helps participants to identify limiting beliefs in the areas of Health, wealth, prosperity and wisdom and change those beliefs.	April 25, 2021 Gurgaon/Online
Relationship Magic	Are there some relationships in your life that are difficult? Would you like to change them? If yes, join us for this special workshop focused on healing your relationships from Deep within. This workshop is based on the philosophy of Louise Hay	October 23,2021
Demystifying Meditation	A 1-hour workshop on introduction to Meditation, what Meditation is and what it is not, how to overcome challenges like ‘I can not concentrate’, ‘I cannot meditate’ and learn easy steps to learn how to start meditating.	First Sunday of every alternate month.

“TRANQUIL HOUR”- Free Meditation on Last Sunday of each month. **Prior Registration required.**

To know more about these workshops/ for Registrations, please contact:

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